

Rec Classes - 2-5 years old

Parent & Tot Ages: 2-3

	\$190	\$190	\$190	\$155	\$138	\$155
Mon	Tues	Wed	Thurs	Fri	Sat	
9:45-10:30	9:00-9:45	9:00-9:45	9:00-9:45			9:00-9:45
						9:45-10:30
						10:30-11:15

Jumping Beans Ages: 3

	\$190	\$190	\$190	\$155	\$138	\$155
Mon	Tues	Wed	Thurs	Fri	Sat	
10:30-11:15	10:30-11:15	9:00-9:45	11:30-12:15	9:00-9:45	9:00-9:45	
4:45-5:30		9:45-10:30	4:45-5:30	11:15-12:00	10:00-10:45	
		4:15-5:00			11:30-12:15	
		5:30-6:15				

Climbing Monkeys Ages: 4

	\$215	\$215	\$215	\$176	\$157	\$176
Mon	Tues	Wed	Thurs	Fri	Sat	
11:15-12:15	9:45-10:45	9:45-10:45	9:45-10:45		9:00-10:00	
2:00-3:00	4:00-5:00	10:30-11:30	10:30-11:30		10:30-11:30	
4:30-5:30		12:30-1:30	5:30-6:30			
		6:15-7:15				

Active Start Ages: 5

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
9:00-10:30	9:00-10:30	10:45-12:15	9:00-10:30	9:45-11:15	9:00-10:30	
10:30-12:00	10:45-12:15	1:30-3:00	10:45-12:15		12:15-1:45	
12:30-2:00	1:00-2:30	4:00-5:30	4:00-5:30			
5:00-6:30						

Girls Rec Classes - 6+ years old

Beginner Girls 6+ Step 1 Ages: 6+

Badges: Burgundy/ Red/Tan

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
4:00-5:30	4:00-5:30	4:00-5:30	5:30-7:00		9:45-11:15	
4:30-6:00	5:00-6:30				10:45-12:15	
5:30-7:00						

Beginner Girls 6+ Step 2 Ages: 6+

Bronze/Purple

	\$259	\$259	\$259	\$212	\$1898	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
4:00-5:30	5:30-7:00	7:00-8:30	4:00-5:30		11:30-1:00	

Beginner Girls 9+ Step 1 Ages: 9+

Badges: Burgundy/Red/Tan

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
		5:30-7:00	7:00-8:30		10:00-11:30	

Beginner Girls 9+ Step 2 Ages: 9+

Bronze/Purple

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
5:30-7:00	7:00-8:30					

Novice Girls Ages: 7+

Blue/Turquoise/Silver

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
7:00-8:30	5:30-7:00		5:30-7:00		12:15-1:45	

Int/Advanced Girls :Ages 7+

Orange/Yellow/Green/Gold

	\$298	\$298	\$298	\$244	\$189	\$244
Mon	Tues	Wed	Thurs	Fri	Sat	
6:00-8:00						

Boys Rec Classes - 6+ years old

Beginner Boys 6+

Badges: Burg/ Red/Tan

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
			4:00-5:30		11:15-12:45	
			5:30-7:00			

Beginner Boys 9+

Badges: Burg/ Red/Tan

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
			7:00-8:30			

Novice/Intermediate/Advanced Boys Ages: 7+

Badges: Turquoise+

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
			5:30-7:00			

Trampoline Classes - 6+ years old

Beginner T&T Ages: 6+ Steps: 1-3

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
		5:00-6:30				

Intermediate/Advanced T&T Steps: 4-6

	\$298	\$298	\$298	\$244	\$189	\$244
Mon	Tues	Wed	Thurs	Fri	Sat	
		6:30-8:30				

Teen Class Ages: 12+

	\$259	\$259	\$259	\$212	\$189	\$212
Mon	Tues	Wed	Thurs	Fri	Sat	
7:00-8:30	7:00-8:30					

Cancellation and Change of Class Policies

- Refunds are only available if a doctor's note is provided or you are moving out of Central Alberta. No other refunds will be issued.

Each athlete is required to pay a \$52 Alberta Gymnastics Insurance fee that is valid September through July.

Exelta Gymnastics Club reserves the right to cancel or change classes based on class size, coach availability and any unforeseen circumstance.

IMPORTANT DATES

	<u>Start Date</u>	<u>End Date</u>	<u>No Classes</u>
Monday (11 weeks)	Jan. 7 th	Mar.25 th	Feb. 18 th
Tuesday (11 Weeks)	Jan. 8 th	Mar.26 th	Feb. 19 th
Wednesday (11 Weeks)	Jan. 9 th	Mar.27 th	Feb. 20 th
Thursday (9 Weeks)	Jan. 10 th	Mar.28 th	Jan. 31 st Feb.21 st March 14 th
Friday (8 Weeks)	Jan. 11 th	Mar.29 th	Feb.1 st Feb.15 th Feb.22 nd March 15 th
Saturday (9 Weeks)	Jan. 12 th	Mar.30 th	Feb. 2 nd Feb.16 th March 16 th

Volunteer Requirements:

As a non-profit organization, Exelta requires all families of recreational participants attending classes for 1 hour or more per week, to work one Cleaning Bee per session, up to a maximum of 2 cleaning bees/year per family. A \$125 deposit, required in the form of cheque or credit card upon registration, will be returned when you complete your shift. Sign- up sheets are posted in the Playschool hallway.

****Please Note****

No-Shows cheques will be cashed.

It is your responsibility to ensure that you sign up for, and attend, your cleaning bee.

All participants are encouraged to help with ongoing club fundraising to help keep program costs affordable!

ONLY 2 CLEANING BEES REQUIRED THIS GYMNASTICS YEAR!

****PLEASE READ****

Due to the Alberta Gymnastics Federation's insurance policy that our club is insured by we are unable to allow siblings of the registered athletes in the class. This applies to car seats, slings, front and back carriers and even a child to be held. This will be strictly adhered to for safety reasons.

As of July 2018 there have been new insurance policies and procedures we have to adhere to we have had to increase our AGF fee as well as restrict the use of our trampolines as per our insurance company's policies.

Clothing Requirements:

-NO JEANS!

-Gym appropriate clothing: nothing with buttons, zippers or snaps.

- All girls in classes above the age of 9 and up are required to wear a bodysuit.

For girls ages 6+it is suggested that they wear a body suit.

Any child wearing unsuitable clothing will not be permitted on the equipment.

We Have Drop-Ins!

Masters Drop-In (21+) Mondays 8:00-9:30

Tween Drop-In (12-15) Tuesdays 8:30-10:00

Lizard Lounge (3-5) Wednesdays 11:30-1:30

Teen Drop In (16+) Thursdays 8:30-10:00

Discovery Drop In(Parented Drop In for ages 1.5-6)
11:15-12:00 or 12:15-1:00

Super Kids drop-In (6-11) Saturdays 5-15-6:45

For more information on these drop-ins visit our website www.exelta.ca



REGISTRATION INFORMATION

Website: www.exelta.ca

Email: info@exelta.ca

Visit: Collicutt Centre (East Entrance)

3031-30th Avenue,

Red Deer, AB

403-342-4940

Registrations will not be accepted over the phone

**Registration
Date
November 14th
9:00am**