

Exelta Cup



2025



Women's and Xcel February 28-March 2, 2025

REGISTRATION INFORMATION

Exelta Gymnastics Club is pleased to invite your club to participate in our Annual Exelta Cup Competition!

LEVELS

The 2025 Exelta Cup will feature the following categories:

Women's: Levels 1 to 10

Trials to Nationals levels 9 & 10

Xcel Bronze-Sapphire

COMPETITION LOCATION

Competition facility is located in the Collicutt Centre fieldhouse at 3031 – 30th Avenue, Red Deer, Alberta.

EQUIPMENT

Competitions will be run on TWO (2) full sets of rented gymnastics equipment.

Rental equipment is provided by Spieth Anderson

All AGF and CGC equipment specifications will be in effect.

During each competition session, only coaches and gymnasts competing or warming up will be permitted in the competition area.



AWARDS

WAG JO Levels 3-8, Trials Nationals level 9 & 10, XCEL Silver-Platinum: Medals will be given for 1st, 2nd and 3rd place medals and ribbons will be handed out for 4th -8th place.

Jo Levels 1-2 and Xcel Bronze: Scores will not be flashed. Athletes will be scored into a range on each event, and they will receive either Bronze, Silver or Gold ribbon that corresponds to the range. Athletes will receive either a Gold, Silver or Bronze medal for their All-Around range score.

MEDICAL

Emergency medical services will be provided on site during all warm-up and competition sessions.

REGISTRATION INFORMATION

All registration forms need to be returned with payment no later than **February 1, 2025**.

Early Bird registration is open until **January 6, 2025**

- All registrations must be submitted via the Sportzsoft links below.
- No paper forms will be accepted!
- All music must be uploaded into Sportzsoft by February 21, 2025.

REGISTRATION DATES:

Registration opens: October 30, 2024

Early Bird registration deadline: January 6, 2025

EXELTA CUP 2025 REGISTRATION LINK:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=79B0BBCBA5BD5363B3B82B9BD8942045>

FEES AND PAYMENT

If registered and Paid prior to January 6, 2025

Women's Artistic:

Levels 3-10, ASPIRE \$145.00

Levels 1-2, Xcel Bronze \$125.00

XCEL Silver-Platinum \$145.00

If registered and Paid after January 6, 2025

Women's Artistic:

Levels 3-10, ASPIRE \$155.00

Levels 1-2, Xcel Bronze \$135.00

XCEL Silver-Platinum \$155.00



PAYMENTS ACCEPTED

ETRANSFER

Etransfer can be sent to info@exelta.ca.

Please make sure you are putting your clubs name in the message portion of the Etransfer

CHEQUE

Cheques can be mailed to:

Exelta Gymnastics Club
3031 30th Ave
Collicutt Centre
Red Deer, AB
T4R 2Z7

CREDIT CARD

We also accept Visa or MasterCard. If you choose to pay via credit card, please call in your card number to our front desk at 403-342-4940. Please note there is a **3.5% service fee** with all credit card transactions.

- No refunds will be given, except for medical reasons. A refund request must be in writing and accompanied by a Doctor's certificate. Medical refunds will incur a \$25.00 administration fee.
- Any refund requested prior to the early bird deadline will be a full refund without penalty.
- **All medical refunds will be issued after the completion of the competition. Medical notes must be emailed to info@exelta.ca**
- **No Refunds will be issued for Medical notes received later than Monday following the competition.**
- Late fees will apply for each incomplete and late registration postmarked after midnight of the deadline date.
- The late fee is an additional fee (listed prior) per athlete after March 1, 2024, if space permits.
- You have 10 days after your registration has been received to submit payment or your registration will be removed.

HOSPITALITY INFORMATION:

If any of your clubs coaching staff have dietary restrictions or special dietary requirements, please email info@exelta.ca by **February 1, 2025**, so we can try our best to accommodate them.

COMPETITION CONTACT

Women's Artistic – Barb Bilsborrow

Exelta Gymnastics (403) 342-4940 info@exelta.ca

***Please note the headcoach@exelta.ca is no longer utilized by the Women's Program.**



HOST HOTEL



Holiday Inn & Suites Red Deer Gasoline Alley:

February 28-March 2, 2025

Group rate of \$159.99 plus tax/per night being offered and based on availability. (Rates are for standard 2 Queen Rooms)

ATHLETE GIVEAWAY

This year we are excited to offer a custom Exelta Cup long sleeve T-shirt for each athlete registered. Please see the sizing charts below for both youth and adult sizing:

Gildan Heavy Cotton Kids' Long Sleeve Shirt Sizing Details

How to Measure

Body Length
Measure from center back neckline seam straight down to bottom of the front hem.

Body Width
1" below the armhole flat measure the garment across the chest.

Sleeve Length
Measure from center back neck to outer edge of shoulder seam, then along outer edge to sleeve end.

Size	Full Body Length	Body Width	Sleeve Length
YXS	20.5"	16"	22.5"
YS	22"	17"	24.5"
YM	23.5"	18"	26.5"
YL	25"	19"	29"
YXL	26.5"	20"	31"

Gildan Adult Long Sleeve Shirt Sizing Details

How to Measure

Body Length
Measure from center back neckline seam straight down to bottom of the front hem.

Body Width
1" below the armhole flat measure the garment across the chest.

Sleeve Length
Measure from center back neck to outer edge of shoulder seam, then along outer edge to sleeve end.

Size	Full Body Length	Body Width	Sleeve Length
S	28"	18"	33.5"
M	29"	20"	34.5"
L	30"	22"	35.5"
XL	31"	24"	36.5"
2XL	32"	26"	37.5"

FINAL SCHEDULE

WOMEN'S ARTISTIC

FRIDAY, FEBRUARY 28TH

SESSION 1 - LEVEL 1, 2 & 5

7:45 - 8:00	General Warm Up
8:00 - 11:00	Competition
11:00	Awards

SESSION 2 - LEVEL 3

11:00-11:15	General Warm Up
11:15 - 2:15	Competition
2:15	Awards

SESSION 3 - LEVEL 4

2:15-2:30	General Warm Up
2:30-5:30	Competition
5:30	Awards

SESSION 4 - LEVEL 6

5:30-5:45	General Warm Up
5:45-9:00	Competition
9:00	Awards

SATURDAY, MARCH 1ST

SESSION 5- LEVEL 8 & LEVEL 9 (11-14) TRIALS TO NATIONALS

8:00-8:20	General Warm Up
8:20-11:00	Competition
11:00	Awards

SESSION 6 -LEVEL 10 & LEVEL 9 (15+) TRIALS TO NATIONALS

11:30-11:50	General Warm Up
11:50- 3:00	Competition
3:00	Awards

SESSION 7- LEVEL 7

3:00-3:15	General Warm Up
3:15-6:00	Competition
6:00	Awards

SESSION 8- GOLD

6:00-6:15	General Warm Up
6:15-8:30	Competition
8:30	Awards

SUNDAY, MARCH 2ND

SESSION 9– XCEL SILVER (2014 AND YOUNGER)

8:00-8:15	General Warm Up
8:15-10:45	Competition
10:45	Awards

SESSION 10- XCEL SILVER(2013 AND OLDER)/PLATINUM/DIAMOND

11:00-11:15	General Warm Up
11:15-2:15	Competition
2:15	Awards

SESSION 11- XCEL BRONZE

2:15-2:30	General Warm Up
2:30-4:00	Competition
4:00	Awards