



16th Annual Exelta Cup 2019

**Women's – February 1st, 2019 –
February 3rd, 2019**

REGISTRATION INFORMATION

16TH ANNUAL EXELTA CUP OVERVIEW

The Exelta Gymnastics Club would like to invite your club to participate in our **16th Annual Exelta Cup**. With Canada Winter Games in Red Deer this year we are hosting in our gym!

LEVELS

The 2019 Exelta Cup will feature the following categories:

- Women's: JO levels 1 to 10, Aspire 1&2

COMPETITION LOCATION

Women's Artistic Venue- Exelta Gymnastics Club

Competition facility is located in the Collicutt Centre at 3031 – 30th Avenue, Red Deer, Alberta.

EQUIPMENT

Women's

- Competitions will be run on TWO (2) full sets of gymnastics equipment.
- All AGF, GCG. and FIG. equipment specifications will be in effect.
- During each competition session, only coaches and gymnasts competing or warming up are allowed in the competition area.



AWARDS

JO Levels 3-10, ASP: Medals will be given for 1st, 2nd and 3rd place medals and ribbons will be handed out for 4th - 8th place.

Jo Levels 1-2: These levels will be judged by JO Level 4+ judges. Scores will not be flashed. Athletes will be scored into a range on each event and they will receive either Bronze, Silver or Gold ribbon that corresponds to the range. Athletes will receive either a Gold, Silver or Bronze medal for their All Around range score. Special awards will also be presented on Beam and Bars.

MEDICAL

Emergency medical services will be provided on site during all warm-up and testing/competition sessions.

REGISTRATION INFORMATION

All registration forms need to be returned with payment no later than, **January 15th, 2019.**

Early Bird registration is open until **December 3rd, 2018.**

- **All registrations must be submitted via the Sportzsoft links below.**
- **No paper forms will be accepted!**
- **All music must be uploaded into Sportzsoft.**

Cheques can be mailed to:

Exelta Gymnastics Club
3031 30th Ave
Collicutt Centre
Red Deer, AB
T4R 2Z7

We also accept Visa or MasterCard. If you choose to pay via credit card please call in your card number to our front desk at 403-342-4940.

The signup link for EXELTA CUP WOMEN'S 2019:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=854>



FEES AND PAYMENT

If registered and Paid prior to Dec 3

Women's Artistic:	
Levels 3-10, ASPIRE	\$125.00
Levels 1-2	\$100.00

If registered and Paid after to Dec 3

Women's Artistic:	
Levels 3-10, ASPIRE	\$135.00
Levels 1-2	\$110.00

- Clubs can pay by credit card, cheque, or money order made payable to **Exelta Gymnastics Club**.
- No refunds will be given, except for medical reasons. A refund request must be in writing and accompanied by a Doctor's certificate. Medical refunds will incur a \$25.00 administration fee.
- Any refund requested prior to the early bird deadline will be a full refund without penalty.
- **All medical refunds will be issued after the completion of the competition.**
- Late fees will apply for each incomplete and late registration postmarked after midnight of the deadline date.
- The late fee is \$15.00 per athlete.
- You have 10 days after your registration has been received to submit payment or your registration will be removed.

COMPETITION CONTACTS

Women's Artistic – Barb Bilsborrow
Exelta Gymnastics (403) 342-4940 info@exelta.ca



HOST HOTEL INFO

Sandman Hotel-2818 Gaetz Avenue Red Deer

- Standard rooms with 2 Double Beds at a rate of \$109.00 per night
- Junior Corporate Suites w/ Sofa Bed at a rate off \$119.00 per night
- Corporate King Suites w/ Sofa Bed & Kitchenette at a rate off \$129.00 per night
- Executive Queen Suites w/ Sofa Bed & Kitchenette at a rate of \$134.00 per night

The room will be held until **January 25th @ 9AM**

Bookings can be made by calling 1-800-SANDMAN or 403-343-7400 and quoting the following block number or name: Exelta Gymnastics 306087

Hotel Information:

We feature a Denny's 24 Hour Restaurant, Moxie's Grill & Bar and M Bar, pool and whirlpool.
We offer a complimentary Grab n' Go Breakfast each morning in the lobby.
Check-in: 3pm
Check-out: 11am

Credit Card & Photo I.D.

Guests can provide a piece of Photo I.D. and a valid credit card at check-in. The hotel will be taking a pre-authorization of room rate + tax and an additional amount to cover any incidentals. The Sandman Hotel Red Deer does not accept prepaid credit cards, visa debit, debit or cash deposits to guarantee rooms. If they guest does not have a valid credit card, please contact us to arrange for a Credit Card Authorization Form to be completed prior to check-in.

Cancellation Policy

Individual cancellation must be made 24 hours prior to arrival, cancellations after this time may result in a fee.

FINAL SCHEDULE

WOMEN'S ARTISTIC

FRIDAY, FEBRUARY 1ST

SESSION 1- LEVEL 4-AGES 2009 TO 2011

11:00-11:15	General Warm Up
11:15-2:15	Competition
2:15	Awards

SESSION 2- LEVEL 4-AGES 2005 TO 2008

2:30-2:45	General Warm Up
2:45 - 5:30	Competition
5:30	Awards

SESSION 3 - LEVEL 6

6:00-6:15	General Warm Up
6:15-8:30	Competition
8:30	Awards

SATURDAY, FEBRUARY 2ND

SESSION 4- LEVEL 3

7:45-8:00	General Warm Up
8:00-10:45	Competition
10:45	Awards

SESSION 5 - LEVEL 5

11:00-11:15	General Warm Up
11:15-1:45	Competition
1:45	Awards

SESSION 6 - LEVEL 8, 9, 10, ASPIRE 1&2

2:00-2:20	General Warm Up
2:20-5:30	Competition
5:30	Awards

SESSION 7 - LEVEL 7

5:30-5:45	General Warm Up
5:45-8:30	Competition
8:30	Awards

SUNDAY, FEBRUARY 3RD

SESSION 8 - LEVEL 1

8:00-8:15	General Warm Up
8:15-11:15	Competition
11:30	Awards

SESSION 9 - LEVEL 2

11:30-11:45	General Warm Up
11:45-2:45	Competition
2:45	Awards